

Coaching Group Supervision for Individual Coaches:

Background

Coaching supervision is a space where coaches can find support, compassion, reflection, and ultimately growth, on their practice and well-being. It is when we, as coaches, take a moment to pause and look back, in order to provide in the future, the best support we can. It is when we, as coaches, acknowledge that only through sharing, and being seen in your vulnerabilities, we are going to advance in our development. It is when we, as coaches, act on our ethical responsibility to provide the best quality we can. It is when we, as coaches, walk the talk, and taste our own medicine.

As last year, we are collaborating for part of this offer with Lise Lewis, EMCC Global Ambassador, and former President. Lise is an EMCC Accredited Coach Supervisor and has an EMCC-accredited training program for Coach and Mentor Supervisors, you can find her profile [here](#). She has a network of coach supervisors that have completed her training program and offering pro bono supervision hours to us at MSF.

The offer

- **Group Supervision:** You will be with 4 coaches together and each of you will bring a topic from your coaching experience for a discussion guided by the supervisor.

For whom

- The offer is for all of you as coaches in our pool of internal coaches.
- The EMCC recommends that coaches have a minimum of 4 hours of supervision per year. Ideally one hour per quarter. Please check this [link](#) for more information about your accreditation requirements.
- The supervision offered qualifies for the supervision hours requirement set for those that hold an EMCC Global Individual Accreditation (EIA).
- This offer extends to all MSF coaches who (actively) coach individuals.

Feel free to sign up for multiple group supervisions, but make sure to **COMMIT to the session, supervisor, and your group by showing up on the session day! Many sessions were canceled or provided with the minimum number of participants. Which affected the required numbers, and the EMCC supervisors' time!**

After signing up, you will receive an Outlook invitation to book the time in your calendar. One week before the session, you will also receive a reminder and all the information on how to connect on Zoom.

Sign up:

- Coaching Group supervision: **please sign up through this [form](#)**. Please feel free to select more than one group supervisor. The selection of participants for each group will be on a first-come, first-served basis.

Should you have any questions about this offer, please don't hesitate to contact (Afraa.Qahtan@oslo.msf.org)